

The following is a recommended sequence of courses for students intending on majoring in a **Kinesiology field** at a Texas public university, and maps out how you can earn your **Associate of Arts (AA) General Studies degree** from NCTC as well. The transfer university is the final authority on determining if all the courses within the NCTC Associate of Arts degree are transferable and applicable for an intended major, so students should always consult with an advisor at the university level regarding approved and required coursework.

Students placing at college preparatory levels will have additional courses to complete before taking eligible college-level courses in this sequence, and some courses may have prerequisites. Please check the course descriptions in the [NCTC catalog](#). This suggested sequence only maps out Fall and Spring semesters however the [number of courses taken each semester](#) can be adjusted if classes are also taken during Summer and/or Minimesters. Depending on how many credit hours you have already attempted, **all courses on this pathway may not be [Financial Aid](#) eligible through NCTC** however there are other resources to help with [paying for college](#).

FIRST SEMESTER		CREDIT HOURS
ENGL 1301	Composition I	3
EDUC 1300	Learning Frameworks	3
HIST 1301	U.S. History I ( <i>up to 1865</i> )	3
MATH Core	MATH 1342-Elementary Statistics	3
Elective	BIOL 1322-Nutrition*	<u>3</u>
		<b>15</b>
SECOND SEMESTER		
ENGL 1302 or 2311	Composition II or Technical Writing	3
HIST 1302 or 2301	U.S. History II ( <i>1865 to present</i> ) or Texas History	3
1 <sup>st</sup> LAB SCIENCE	BIOL 2401-Anatotomy and Physiology I*	4
SOCIAL/BEHAV Core	PSYC 2314-Lifespan Growth & Dev., PSYC 2301-Gen. Psyc., or SOCI 1301-Intro. to Sociology	3
Elective	PHED 1301-Intro. to Physical Fitness/Sport*	<u>3</u>
		<b>16</b>
THIRD SEMESTER		
GOVT 2305	American National Government	3
SPCH 1311, 1315, or 1321	Intro. to Communication, Public Speaking, or Business and Professional Speech	3
2 <sup>nd</sup> LAB SCIENCE Core	BIOL 2402-Anatotomy and Physiology II*	4
LANG/PHIL/CULTURE Core	HUMA 1301-Intro. to Humanities or other Lang/Phil/Culture core	3
Elective	PHED 1304-Personal/Community Health, PHED 1308-Sports Officiating, or PHED 2356-Care and Prevention	<u>3</u>
		<b>15</b>
FOURTH SEMESTER		
GOVT 2306	Texas Government	3
ARTS Core	ARTS 1301-Art Appreciation or other Creative Arts core	3
Elective	PHED 1321-Coaching/Sports/Athletics*	3
Elective	PHED 1338-Concepts of Fitness*	3
Elective	PHED 1306-First Aid, PHED 1346-Drug Use and Abuse, or two PHED activity courses*	<u>2-3</u>
		<b>14-15</b>
<i>Total Credit Hours (apply for Graduation!)</i>		<b>60-61*</b>

\*Consult with your intended transfer university advisor to determine which NCTC courses would satisfy both elective and [core requirements](#) for your major, and also how many credit hours beyond the 60 hours required for an AA or AS degree are transferable. Some universities may require 12-14 hours of a Foreign Language for Bachelor of Arts majors or proven language proficiency through credit by exam ([CLEP](#), [AP](#), [IBD](#)).

**NCTC ADVISING:** [www.nctc.edu/advising](http://www.nctc.edu/advising)

**NCTC TRANSFER SCHOOLS & INFO:** [www.nctc.edu/transfer](http://www.nctc.edu/transfer)

**TEXAS ON COURSE:** <https://texasoncourse.org/>

**TEXAS COMMON COURSE NUMBERING SYSTEM (TCCNS):** [www.tccns.org](http://www.tccns.org)

**WHAT CAN I DO WITH THIS MAJOR:** <https://whatcanidowiththismajor.com/major/>

**NORTH TEXAS COMMUNITY COLLEGE PATHWAYS:** <http://ntxccc.org/content/transfer>