



What is TimelyCare?

FREE access to 24/7 medical, mental health and wellness/health coaching for all NCTC students and part-time employees.

Who can use TimelyCare?

Enrolled NCTC students and part-time employees have access to ALL TimelyCare telehealth services. NCTC full-time employees can access TalkNow for consultations related to student concerns*.

What services are available?

24/7 Medical, TalkNow (mental health support), Scheduled Counseling and Wellness/Health Coaching-all available through the mobile or desktop app, or by phone!

How do I log in?

Go to timelycare.com/NCTC and follow the prompts. Mobile users will be directed to download the TimelyCare app.

**Full-time NCTC staff will need to enter a one-time access code of K7WB3B*

What can I be treated for?

Our physicians, counselors and health coaches can treat/discuss a wide range of common conditions, and after talking to you, will decide on the best course of treatment. Some common conditions are: cold, sinus infection, influenza (flu), stress and anxiety, relationships, depression, nutrition and healthy lifestyle.

How much does a visit cost?

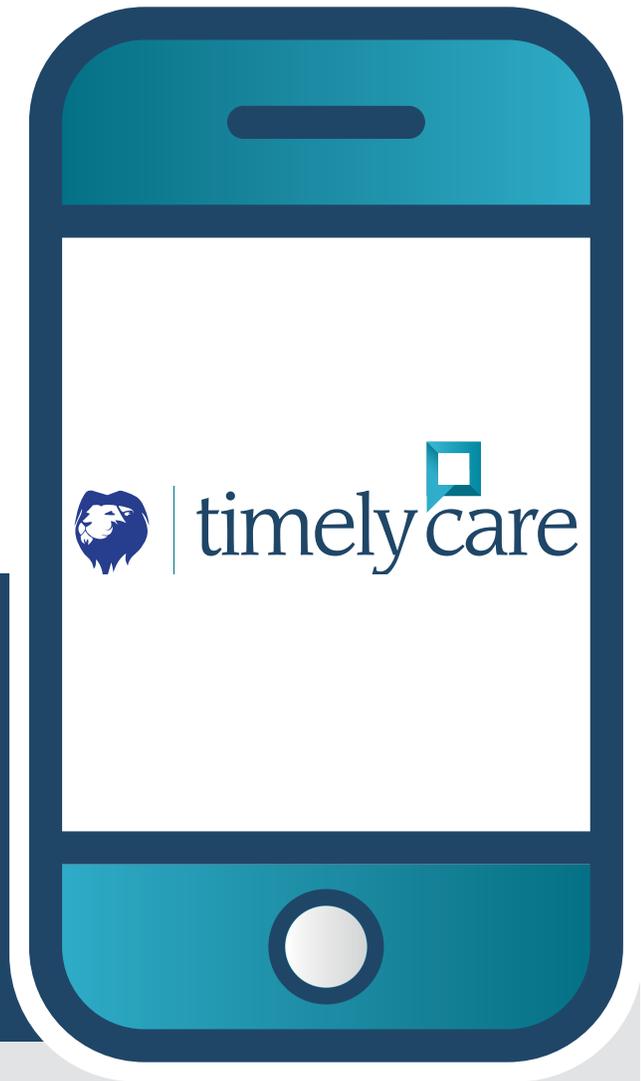
There is NO COST to enrolled NCTC students and part-time employees.

Can I get a prescription?

Yes, if the provider deems it clinically appropriate. Referrals may also be made for psychiatric services.

Virtual care from anywhere.

Get on-demand support from counselors, doctors, nurse practitioners and more, right at your fingertips.



Create your **FREE** account:

1. Visit timelycare.com/NCTC or download the TimelyCare app.
2. Click "Sign In."
3. Create your profile **using your school email**.
4. Follow the prompts to start your first visit.

IT'S FOR NCTC.

FOR FREE.



TALKNOW

Get 24/7, on-demand mental health support.



MEDICAL

Get 24/7, on-demand and scheduled medical visits.



HEALTH COACHING

Schedule virtual appointments with a certified health coach.



SCHEDULED COUNSELING

Access licensed counselors in your state.



PSYCHIATRY

Get access to no-cost psychiatry services.