

Test Taking Survey

Test Preparation

On a scale from 1 to 4, with 1 meaning I disagree completely and 4 meaning I agree completely, rate your thoughts about each of the following statements.

1. I have taken organized and thorough class notes for this course. _____
2. I usually read the book before beginning or while completing my work. _____
3. I have made study guides for this class. _____
4. I know how to study for math tests vs multiple choice exams. _____
5. I begin studying at least 5 days in advance of the exam. _____
6. I make up potential test questions and quiz myself in preparation for the test. _____
7. I always get a good night sleep before. _____
8. I try to learn by understanding instead of by memorization. _____
9. It is important to be able to increase my speed at working problems by doing several of the same type.

Test Anxiety

10. I get nervous before and/or during an exam. _____
11. I find it difficult to keep jitters under control. _____
12. I often find that the test – at first glance – appears foreign or unfamiliar. _____
13. I often blank out on exams, exhibiting minimal recall. _____
14. I have a personal history of failure on tests. _____
15. I worry a lot about the prospect of failure and its consequences. _____
16. I have excessive pressure to succeed either from self or from other sources. _____
17. I believe that I am capable of doing well in this class. _____

Test Taking Skills

18. I feel if my instructor cannot read my writing that is his problem. _____
19. If I am unsure of the answer I write down anything and everything. I'm sure the right answer is in there somewhere. _____
20. If I go blank, I'm doomed and might as well turn in the test. _____
21. To save time I skim the directions to the problems. _____
22. If a question has multiple parts I write the answer to each part, even if I will show the answer elsewhere in the problem. _____
23. If I don't know an answer I skip that question and come back after completing all of the easier questions. _____
24. I only change an answer if I have misread or misinterpreted the question. _____