

TECA 1318 - COURSE SYLLABUS

Course Name	Nutrition, Health, and Safety of Young Children	Semester & Year	Spring 2010 Internet
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Catalog Description	A study of the factors that impact the well-being of the young child including healthy behavior, food, nutrition, fitness, and safety practices. Focus on local and national standards, and legal implications of relevant policies, and regulations. Requires students to participate in a minimum of 16 hours of field experience with children from infancy through age 12 in a variety of settings with varied and diverse populations.
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Required Texts & Material	<i>Health, Safety, and Nutrition for the Young Child</i> . 7th ed. Marotz. ITP Publishing. ISBN: 13-978-1-4283-2070-3. Angel e-learning network http://206.53.229/frames.aspx : Active E-mail account Microsoft Work 2007, Vista or higher
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Course Competencies/ Learning Outcomes	<p>Upon successful completion of this course, students will be able to demonstrate an understanding of the following crucial areas of child development:</p> <ol style="list-style-type: none"> 1. The interrelationship of health, safety, and nutrition, and its role in public education. 2. The role of the teacher in creating and maintaining safe learning environments. 3. The importance of communication between parent and teacher to create a healthy educational environment. 4. Methods used to promote good health. 5. Nutritional Guidelines including the Food Pyramid, Recommended Daily Allowances and Dietary Guidelines for Americans. 6. Ways to use children's books to aid in teaching healthy practices. 7. Local and national standards and the legal implications of relevant policies and regulations established in the public schools.
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Instructor's Name & Office #	Sara Martin M. Ed Corinth Campus	Office Phone # & Fax #	940-498-6286 (Ron Ruiz)
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Instructor's Office Hours	By appointment	E-Mail Address	sjmartin@nctc.edu smamusic@aol.com
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Course Calendar

Date	Content	Communication	Student Production
<p style="text-align: center;">Week 1 January 16 - 22</p>	<p>Introduction course, expectations, assignments and syllabus. Also, introducing ourselves to the class</p>	<p>Discussion forum</p>	<p style="text-align: center;">Reading Welcome and Course Orientation Making Introductory Post</p>
<p style="text-align: center;">Week 2 January 23 - 29</p>	<p style="text-align: center;">Introductory Module: Health, Safety and Nutrition: An Introduction Read Chapter 1</p>	<p>Discussion forum</p>	<p style="text-align: center;">DQ #1 & Responses (2)</p>
<p style="text-align: center;">Week 3 January - 30 February 5</p>	<p>Lesson on How to Choose a Book for Instructional Purposes</p>	<p>Discussion Forum Article on how to choose a book</p>	<p style="text-align: center;">DQ #2 & Responses (2)</p>
<p style="text-align: center;">Week 4 February 6 - 12</p>	<p style="text-align: center;">Begin Health Module Read Chapter 2</p>	<p>Discussion Forum</p>	<p style="text-align: center;">DQ #3 & Responses (2)</p>
<p style="text-align: center;">Week 5 February 13 - 19</p>	<p style="text-align: center;">Continue Health Module Read Chapters 3 & 4</p>	<p>Discussion Forum Reading Log over Chapter 3 in Health Module</p>	<p style="text-align: center;">DQ #4 & Responses (2) Reading Log/Drop Box</p>
<p style="text-align: center;">Week 6 February 20 - 26</p>	<p style="text-align: center;">Continue Health Module Read Chapters 5 & 6</p>	<p>Discussion Forum Book Bank Activity</p>	<p style="text-align: center;">DQ #5 & Responses (2) Book Bank/Drop Box</p>
<p style="text-align: center;">Week 7 February 27 - March 5</p>	<p style="text-align: center;">Conclude Health Module Read Chapter 7</p>	<p>Discussion Forum Quiz over Health Module</p>	<p style="text-align: center;">DQ #6 & Responses (2) Health Module Test</p>
<p style="text-align: center;">Week 8 March 6 - 12</p>	<p style="text-align: center;">Begin Safety Module Read Chapters 8 & 9</p>	<p>Discussion Forum Visit Abuse and Welfare Websites to begin research for paper</p>	<p style="text-align: center;">DQ #7 & Responses (2)</p>

Week 9 March 13 - 19	SPRING BREAK	Do something fun and relaxing.	Enjoy some sun and fresh air!
Week 10 March 20 - 26	Continue Safety Module Read Chapters 10 & 11	Discussion Forum Reading Log over Chapter 10 in Safety Module	DQ #8 & Responses (2) Reading Log/Drop Box
Week 11 March 27 - April 2	Continue Safety Module Read Chapter 12	Discussion Forum, Book Bank Activity	DQ #9 & Responses (2) Book Bank/Drop Box
Week 12 April 3 - 9	Conclude Safety Module	Discussion Forum Quiz over Safety Module Abuse and Welfare Paper Due	DQ #10 & Responses (2) Safety Module Test Abuse and Welfare Paper/Drop Box
Week 13 April 10 - 16	Begin Nutrition Module Read Chapters 13 & 14	Discussion Forum	DQ #11 & Responses (2)
Week 14 April 17 - 23	Continue Nutrition Module Read Chapters 15 & 16	Discussion Forum Reading Log over Chapter 15 in Nutrition Module	DQ #12 & Responses (2) Reading Log/ Drop Box,
Week 15 April 24 - 30	Conclude Nutrition Module	Discussion Forum Nutritious Snack Activity Food Pyramid Power Point Quiz over Nutrition Module	DQ #13 & Responses (2) (DQ #14) Nutrition Module Test Food Pyramid/Drop Box Nutritious Snack/Drop Box
Week 16 May 1 - 8		Field Experience Attendance Log to Ron Ruiz by May 3	Field Experience Forms and Summary/Drop Box Reflections Post

Grading Policy and Procedures	<p>Grading will be based on a 1000 point system.</p> <p>Assignments 525 points</p> <ul style="list-style-type: none"> • Participation - 225 pts. Consists of 15 Discussion Questions (DQs) and Responses (2 per DQ) (15 pts.each) • Health Module 100 pts. • Safety Module 100 pts. • Nutrition Module 100 pts. • Each Health, Safety, Nutrition Module consists of: <ul style="list-style-type: none"> *Books/Snacks 25 pts. Reading Logs 25 pts. Quizzes 50 pts. * (You will do a book activity for the Health and Safety Module, a snack activity for the Nutrition Module) • Abuse and Welfare Paper 100 pts. You will write a 350 - 500 word paper on Child Abuse and Welfare after researching at least 3 websites. • Food Pyramid Power Point 75 pts. <p>Field Experience Requirement 300 points</p> <ul style="list-style-type: none"> • Summary 100 pts. • Completed Forms 200 pts. <p>A 900-1000 points B 800-899 points C 700-799 points D 600-699 points F Below 600 points</p> <p>You must complete and pass your Field Experience Assignment in order to pass this class.</p>	<p>Course Competencies</p> <p>#1</p> <p>#3, #4, #6, & #7 #2, #6 & #7 #5 & #7</p> <p>All</p> <p>All</p>
	Attendance Policy	<p>Students are required to "log-in" at least once per week and must submit "Today's PIN (course page /ANGEL) in order to mark yourself present. Students are expected to participate unless you have an emergency illness certified by a physician or the serious illness or death of immediate family members. If this should occur, please contact the instructor by email ASAP.</p> <p>Late work will not be accepted. ALL Units must be completed by 11:30 PM on Fridays. Unit/Chapter assignments will take several hours to complete; please do not wait until the due date to begin readings and assignments. See the calendar for due dates. If you stop participating or fall more than 2 weeks behind, you will be dropped from the course.</p>

Modules	This course is divided into 4 Modules; 1) Introductory 2) Health 3) Safety Module and 4) Nutrition. Each Module covers certain chapters in the text book, and a certain number of assignments. The Module folders will open at 8:00 AM on the first day of the time frame. Each week you will have assignments that must be completed by the end of the week. The week runs from Saturday - Friday. Each folder within the module will open at 8:00 AM on Saturday and will close at 11:30 PM on Friday night. Information located in your module folder, syllabus and calendar will keep you informed on each assignment and due date.
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Posts and Responses	In each Module you will be required to make a post answering the Discussion Question for that week. Your DQ post needs to be between 150 and 200 words. You will also need to respond to 2 other posts made by your classmates. You must add something of "substance" in your responses-adding "substance" would be like adding new ideas, your perspectives, pointed follow up questions, personal experiences - things of this nature. These responses should range from 50 - 75 words in length. This is what your participation grade is based on and you must make both the DQ post and the 2 substantive responses in order to get full credit. Feel free to make as many additional responses. but keep in mind that the DQ forum for each will be open for 1 week only. 15 points each
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Field Experience	<p>Students must complete 16 hours of field experience in order to pass this course. This is designed to you the opportunity to observe firsthand the concepts that will be discussed in class.</p> <p>ALL students MUST attend an on-campus meeting in order to complete the necessary paperwork for the field experience.</p> <p>Background checks must be completed before students are assigned a field experience location. After students are assigned to cooperating teachers, they are to contact the teacher and schedule their hours as quickly as possible. A schedule should be created in such a way for you to observe in two or four hour blocks of instruction. Your field experience visits need to be documented in a typed format using a field observation form (you will need to do 4 of these), which includes your personal inspirations and reflections. These forms are located in the Form Folder. You will also need to do a 2 page summary discussing your overall experience. A verifiable Time Log is also required. This must be completed and turned in to Ron Ruiz by(Corinth #122) by Monday, May 1, 2010.</p> <p>100 points (summary) 200 points (completed forms- 1 per visit- you should have at 4) Total of 300 points</p>
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Book Activity	You will select two books pertaining to dental health, illness, feelings (mental health), personal health, safety, special needs, or nutrition. You may select from the book list located in Appendix F (located on pages 534 - 537), or of your own choosing. Information on these books will be supplied using the Book Bank Form that is located in the Form Folder. You will also share the book with your classmates in a post, by attaching it to the post and giving a brief introduction. You should print these book activities in order to start your own Book Bank. 25 points each
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<i>Nutrition Activity</i>	You will select a nutritious snack and fill out the Kidelicious Snack Form that is provided in the Form Folder. You will introduce the snack idea with your classmates in a post, including possible activities that could be used with this snack. You should print these to start building a healthy snack collection for your future classroom. 25 points
<i>Reading Logs</i>	The syllabus has the required readings divided up by weeks. It is important that you keep up with these readings. You will do a reading log over a chapter in each module. Your reading log needs to be submitted to the drop box on the Reading Log Form that is provided in the Form Folder. 25 points each
<i>Current Events</i>	You will select a current event for each module topic. This will be done through Discussion Questions. You will share this article with the class in a post including the following information: <ul style="list-style-type: none"> • The date and source of the article (must be dated 2008) • Your reaction to the article • Why the information is beneficial • How would you use the information (incorporate in lessons, share with parents, colleagues, etc?) 15 points each
<i>Paper</i>	You will write a paper on Child Abuse and Welfare. Look on page 297 in our textbook under useful web resources. You may use these websites or any of your own. After researching at least 3 websites, you will need to write a 350 - 500 word paper in which you discuss any useful information pertaining to signs to look for, reporting suspected abuse, ways to help these children, etc. You also may include any other information or websites that will be beneficial in your future career. Your paper must be in APA format using New Times Roman, doubled spaced, using a 12 point font. You must also include the websites that you researched. 100 points
<i>Power Point</i>	You will design a 5 - 10 slide Power Point that introduces and explains the Food Pyramid. You can use the design of the one found on pg. 417 of your book or any other of your choosing. Please do not use the one that has the vertical color stripes. Make sure that you introduce each food group and include pictures and daily servings for this food group. You may use either the adult or children's pyramid. (The serving sizes are different on these) 75 points
<i>EEOC Statement</i>	North Central Texas College does not discriminate on the basis of race, color, national origin, gender, religion, age, or disability in the employment or the provision of services.
<i>Scholastic Integrity</i>	Scholastic dishonesty shall include, but not be limited to cheating on a test, plagiarism, and collusion. See “Student Rights & Responsibilities: Student Conduct [FLB- (LOCAL)]” page 146-148 of NCTC Catalog .

Withdrawal Date	Students wishing to withdraw must notify the Registrar's Office by completing a Petition for Course Drop. The last date to drop a class with a grade of "W" this semester is April 23 .
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ADA Statement	<p>.North Central Texas College does not discriminate on the basis of disability for admission or access to its programs. The College is committed to providing equal access to its students with disabilities by providing appropriate accommodations.</p> <p>ACCESS and Networks Program: The ACCESS program provides accommodations for students who have a documented disability. A disability is anything that can interfere with learning, such as a learning disability, psychological challenge or physical illness or injury. Accommodations may include extra time on tests, tests in a non-distracting environment, note taker in class, etc. On the Corinth Campus, contact Wayne Smith, ACCESS Coordinator at (kwsmith@nctc.edu). 940-498-6207 or Penny Cogbill, Departmental Assistant, at (pcogbill@nctc.edu) 940-498-6212) or William Leija Departmental Assistant at, (wleija@nctc.edu) 940-498-6224)) or stop by Room 170. On the Gainesville and Bowie Campuses contact Yvonne Sandmann (ysandmann@nctc.edu 940-668-7731 ext. 4321) in Room 110 on the Gainesville Campus.</p> <p>NETWORKS is a childcare reimbursement program that may assist technical students with partial childcare reimbursement for those who apply and qualify. Contact Yvonne Sandmann, ACCESS Specialist for more information.</p> <p>TRIO Programs: TRIO Programs are federally funded programs which offer services designed to assist students in achieving their academic goals. Services include educational workshops, academic advising, tutoring, personal counseling, career counseling, cultural enrichment, and financial aid information. Students may be eligible for TRIO if they are currently enrolled at North Central Texas College, have academic need, and meet at least ONE of THREE criteria which include: 1)first generation status – neither parent has graduate from college, 2) income level is within federal low income guidelines and/or 3) has a documented disability. TRIO is located in Room 170. Contact Jessica DeRoche, TRIO Coordinator at (jderoch@nctc.edu) 940-498-6212 on the Corinth Campus for more information.</p> <p>Student Success Center: The Student Success Center is designed to help all students at NCTC develop tools to achieve their academic goals. Students can attend free interactive workshops about Time Management, Study Skills, Test Anxiety, Choosing a Major, Learning Style Strategies, Career Exploration, and much more. This program also links students to FREE tutoring, including a Writing Center, and Math Lab and free online tutoring in the evening and helps new students acclimate to college by providing new student orientations and THEA/Compass Test Preparation. All students are invited to visit the Student Success Center. We are located in Rooms 160, 170, 183, 188 in Corinth, Rooms 111 and 114 in Gainesville, and Room 124 in Bowie. Contact Tracey Fleniken, Student Success Coordinator at (tfleniken@nctc.edu) 940-668-4209 in room 114 on the Gainesville Campus for more information.</p>
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